

Hi everyone! We are very excited to get back to classes!

For your child's health and safety we have implemented social distancing measures in class and additional cleaning throughout the day.

DROP OFF & PICK UP PROCEDURES

- Drop off only for children 5 and older (all junior classes). Come dressed in uniform if possible.
- 1 parent/guardian is allowed in the waiting area for Little Dragons (ages 3-4)

HEALTH & SAFETY POLICIES & PROCEDURES

- Masks are **MANDATORY** for everyone entering the waiting area ages 3 and up.
- Masks will be worn in class for all junior classes (ages 5 and older)
 - Children will be provided with rest and water breaks (they can bring their own labeled water bottles)
- There will be temperature checks before entering class and hand sanitizer provided
- Ramped up cleaning process involving deep cleaning of mats 2-3 times a day, installation of MERV-13 filters. All bathrooms, doorknobs and equipment will be sanitized multiple times a day.

MODIFIED CLASSES

- Mandatory bookings for classes (allowed up to 2 classes per week)
- Socially distanced exercise drills
 - No partner drills
 - No switching bags
 - Sparring technique and self-defense classes modified (no contact)

We are very excited to start back up and are doing everything possible to provide a safe and fun learning environment for our students! We know this has been a difficult time for everyone and we are so grateful for all of your support!

Best,
T. Kang Staff