

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>REMINDERS</b></p> <p><b>COLOR BELT TEST APR 5</b></p> <p><b>BLACK BELT TEST MAY 20</b></p>		<p>1</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TRADITIONAL</p> <p>7:15 <u>BODY PUMP</u></p>	<p>2</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>SPARRING TECHS</b></p> <p>7:15 TRADITIONAL</p>	<p>3</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 BAG</p>	<p>4</p> <p>1:00 REVIEW</p>
<p>5</p> <p>SCHOOL CLOSED</p> <p>NO CLASSES</p>	<p>6</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>BEGINNERS</b></p> <p>6:15 BLACK BELT</p> <p>7:30 <b>SPARRING TECHS</b></p>	<p>7</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TARGET / KICKING</p> <p>7:15 TRADITIONAL</p>	<p>8</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TRADITIONAL</p> <p>7:15 <u>BODY PUMP</u></p>	<p>9</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>SPARRING TECHS</b></p> <p>7:15 TRADITIONAL</p>	<p>10</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 BAG</p>	<p>11</p> <p>1:00 REVIEW</p>
<p>12</p> <p>SCHOOL CLOSED</p> <p>NO CLASSES</p>	<p>13</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>BEGINNERS</b></p> <p>6:15 BLACK BELT</p> <p>7:30 <b>SPARRING TECHS</b></p>	<p>14</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TARGET / KICKING</p> <p>7:15 TRADITIONAL</p>	<p>15</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TRADITIONAL</p> <p>7:15 <u>BODY PUMP</u></p>	<p>16</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>SPARRING TECHS</b></p> <p>7:15 TRADITIONAL</p>	<p>17</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 BAG</p>	<p>18</p> <p>1:00 REVIEW</p>
<p>19</p> <p>SCHOOL CLOSED</p> <p>NO CLASSES</p>	<p>20</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>BEGINNERS</b></p> <p>6:15 BLACK BELT</p> <p>7:30 <b>SPARRING TECHS</b></p>	<p>21</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TARGET / KICKING</p> <p>7:15 TRADITIONAL</p>	<p>22</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TRADITIONAL</p> <p>7:15 <u>BODY PUMP</u></p>	<p>23</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>SPARRING TECHS</b></p> <p>7:15 TRADITIONAL</p>	<p>24</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 BAG</p>	<p>25</p> <p>1:00 REVIEW</p>
<p>26</p> <p>SCHOOL CLOSED</p> <p>NO CLASSES</p>	<p>27</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>BEGINNERS</b></p> <p>6:15 BLACK BELT</p> <p>7:30 <b>SPARRING TECHS</b></p>	<p>28</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TARGET / KICKING</p> <p>7:15 TRADITIONAL</p>	<p>29</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 TRADITIONAL</p> <p>7:15 <u>BODY PUMP</u></p>	<p>30</p> <p>12:00 OPEN WORKOUT 12:30 TRADITIONAL</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 <b>SPARRING TECHS</b></p> <p>7:15 TRADITIONAL</p>	<p>31</p> <p>5:00 OPEN WORKOUT</p> <p>6:15 BAG</p>	