

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SCHOOL CLOSED NO CLASSES	REMINDER <u>TKT TRAINING CAMP</u> 9/3 - 9/5 SCHOOL CLOSED SCHOOL REOPEN ON 9/6/2016	REMINDER <u>FULL UNIFORM</u> STARTING 9/12 <u>BUDDY DAY</u> Bring a friend to try out a class on 9/23	UPCOMING EVENT <u>COLOR BELT EXAM</u> 10/7/2016 <u>TEST FEE DUE</u> 9/30/2016	(KICKING) 4:30 <u>PRE-JUNIOR</u> 5:15 <u>JR BEGINNERS</u> 6:00 <u>JR INTERMEDIATE & UP</u> 6:45 <u>ADVANCE BELT</u> 7:30 <u>TEEN / ADULT</u>	(SUPER-WORKOUT) 4:30 <u>PRE-JUNIOR</u> 5:15 <u>JR BEGINNERS</u> 6:00 <u>JR INTERMEDIATE & UP</u> 6:45 <u>BLACK BELT</u> (REVIEW) 7:30 <u>TEEN / ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	<u>TKT TRAINING CAMP</u> <u>WEEKEND</u> SCHOOL CLOSED <u>NO CLASSES</u>
SCHOOL CLOSED NO CLASSES	<u>LABOR DAY</u> <u>SCHOOL CLOSED</u>	(OBSTACLE) 4:30 <u>PRE-JUNIOR</u> 5:15 <u>JR BEGINNERS</u> 6:00 <u>JR INTERMEDIATE & UP</u> 6:45 <u>TEEN</u> 7:30 <u>ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	(SPARRING) 4:30 <u>PRE-JUNIOR</u> 5:15 <u>JR BEGINNERS</u> 6:00 <u>JR INTERMEDIATE & UP</u> 6:45 <u>TEEN</u> BRING SPARRING GEAR 7:30 <u>ADULT</u> SPARRING	(REVIEW) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>ADVANCE BELT</u> 7:30 <u>TEEN / ADULT</u>	(SUPER-WORKOUT) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>BLACK BELT</u> (TARGET/BAG) 7:30 <u>TEEN / ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	10:00 <u>PRE-JUNIOR</u> 10:30 <u>JR WHITE & YELLOW</u> 11:15 <u>JR SPARRING</u> YELLOW BELT AND UP ONLY BRING SPARRING GEAR 12:15 <u>GREEN & UP</u> (KICKING) 1:30 <u>TEEN / ADULT</u> (SPARRING)
SCHOOL CLOSED NO CLASSES	(TARGET/BAG) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u> FULL UNIFORM	(REVIEW) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	(OBSTACLE) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u> SPARRING	(SPARRING) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>ADVANCE BELT</u> BRING SPARRING GEAR 7:30 <u>TEEN / ADULT</u>	(SUPER-WORKOUT) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>BLACK BELT</u> (KICKING) 7:30 <u>TEEN / ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	10:00 <u>PRE-JUNIOR</u> 10:30 <u>JR WHITE & YELLOW</u> 11:15 <u>JR SPARRING</u> YELLOW BELT AND UP ONLY BRING SPARRING GEAR 12:15 <u>GREEN & UP</u> (TARGET/BAG) 1:30 <u>TEEN / ADULT</u> (TRADITIONAL)
SCHOOL CLOSED NO CLASSES	(KICKING) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u>	(OBSTACLE) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	(SPARRING) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> BRING SPARRING GEAR 7:30 <u>ADULT</u> SPARRING	(TARGET/BAG) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>ADVANCE BELT</u> 7:30 <u>TEEN / ADULT</u>	(BUDDY DAY) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>BLACK BELT</u> (BUDDY DAY) 7:30 <u>TEEN / ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	10:00 <u>PRE-JUNIOR</u> 10:30 <u>JR WHITE & YELLOW</u> 11:15 <u>JR SPARRING</u> YELLOW BELT AND UP ONLY BRING SPARRING GEAR 12:15 <u>GREEN & UP</u> (FULL REVIEW) 1:30 <u>TEEN / ADULT</u> (TRADITIONAL)
SCHOOL CLOSED NO CLASSES	(OBSTACLE) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u>	(SPARRING) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> BRING SPARRING GEAR 7:30 <u>ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u>	(KICKING) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>TEEN</u> 7:30 <u>ADULT</u> SPARRING	(REVIEW) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>ADVANCE BELT</u> 7:30 <u>TEEN / ADULT</u>	(SUPER-WORKOUT) 4:00 <u>PRE-JUNIOR</u> 4:45 <u>JR INTERMEDIATE & UP</u> 5:30 <u>JR BEGINNERS</u> 6:15 <u>BLACK BELT</u> (SPARRING) 7:30 <u>TEEN / ADULT</u> <u>CARDIO BAG</u> <u>WORKOUT</u> TEST FEE DUE	